

### **Safeguarding and Welfare Requirement: Health**

Providers must ensure there are suitable hygienic changing facilities for changing any children who are in nappies.

## **6.4 Nappy changing**

### **At The Little Bears nursery:**

#### **Policy statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

#### **Procedures**

- We have scheduled 'nappy times' throughout the day. These are 9.30am, 12.30pm, 3.30pm and 5.30pm. Children are checked throughout the day and changed where necessary.
- During a child's settling in period we encourage the key worker to change nappies where possible. We do follow a nappy rota within the setting so it is shared out with staff fairly.
- Our children at The Little Bears are changed in a safe area maintaining their dignity and privacy at all times.
- We encourage our children to be involved in their nappy changing routine eg: get their bag from their own box.
- Our staff put on gloves and aprons before changing starts and the areas are prepared. Changing mat is wiped and cleaned after each child.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.

- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands, and have soap and paper towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- We dispose of nappies and pull ups hygienically. We use an outdoor nappy bin with hazardous yellow bin bags, so that this waste is disposed of correctly.
- If any clothes/items are soiled these are bagged and returned to parents where appropriate.
- We have a 'duty of care' towards children's personal needs. We check children's nappies regularly and if a child is really wet or soiled staff will always change the child.
- We write down nappy times and any extra changes on our communication slips for parents. This is also an indication to staff members when nappies were changed.
- We ask that parents provide nappies, wipes and cream for their own child. We do have spares at the setting in case of emergencies.
- **Gloves are not always required for a wet nappy where there is no risk of infection, however, gloves are always available for those staff who choose to wear them. Gloves are always work for a 'soiled' nappy.**